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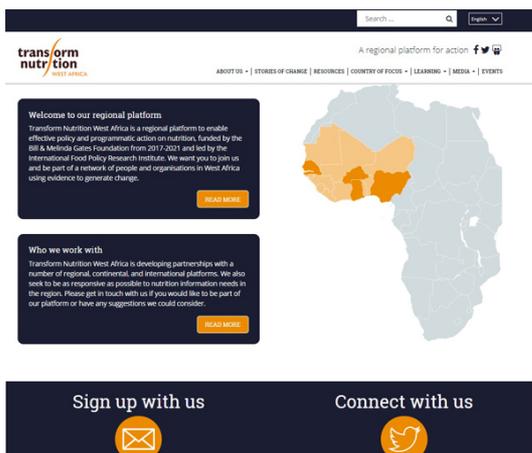
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Issue 1 October 2018

In this first issue of our regular update we bring you a roundup of relevant news, upcoming events, and the most up-to-date nutrition evidence relevant to the West Africa region. Please feel free to share any feedback, news, or events with transform@ids.ac.uk.

NEWS

A new platform for West Africa nutrition research



We have launched our new bilingual platform, which we hope will grow and develop as content from our team and partners becomes available. Please use the “Connect with us” button to share your research, events, and ideas for collaboration.

[Visit the website](#)

Learning with Transform Nutrition West Africa

We are offering a number of short courses focused on [Strengthening](#)

Senegal, November 2019) and [Nutrition evidence and diagnostics](#) (Accra, March 2019, and Senegal, March 2020). Registrations open soon for the Nutrition evidence and diagnostics course in March.



[Learn with us](#)

Short videos on hunger and malnutrition needed

Calling all young filmmakers. IFPRI wants to hear your ideas for how to end hunger and malnutrition. Submit a 1-2 minute movie with your best idea for a chance to win \$500 and have your film screened at our Accelerating End of Hunger and Malnutrition conference in November in Bangkok. Deadline 29th October.



[Find out more](#)

Africa Nutritional Epidemiology Conference 2018



Transform Nutrition West Africa was involved in a number of sessions at and introduced the new platform to an external audience for the first time. This was a valuable opportunity to introduce some initial findings to partners in the region and make some new linkages.

[Read about the event](#)



This new report provides a summary of a consultative stakeholder meeting held jointly by “Stories of Change in Nutrition in Ghana” and “Leveraging Food Systems for Improved Nutrition in Ghana” in July in Accra.

[Read the report](#)

EVIDENCE

The following studies have been selected, as they demonstrate rigor in their methods, highlight areas of concern, and identify new knowledge for future action. We highlight five recent peer reviewed journal articles, which feature some interesting findings:

- Follow-up between 6 and 24 months after discharge from treatment for severe acute malnutrition in children aged 6-59 months show that children may have sustained vulnerability even after achieving a nutritional “cure”. [Full text](#)
- New WHO and UNICEF implementation guidance on the revised Baby-Friendly Hospital Initiative now include critical management procedures and clinical practices to support breastfeeding. These are a starting point but will only be effective if countries accept and apply these changes both at national and subnational level. [Full text](#)
- There is potential for SMS technology to improve follow-up of community health workers within child nutrition programming. Consecutive use of SMS reminders and data recording has most impact. [Full text](#)
- New evidence on the dietary habits of adolescents in Nigeria. Malnutrition, especially undernutrition, is a significant issue within this age group. [Full text](#)
- A new framework, designed to evaluate the delivery, utilization, and impact of Helen Keller International's enhanced homestead food production programme in Burkina Faso, found gaps between intended and actual delivery schemes. [Full text](#)

We have also highlighted a number of insightful recent reports and web articles, including:

- Mobile phones and nutrition in **Ghana**. [link](#)
- Gender profile of agriculture and livelihoods in **Nigeria**. [link](#)
- Nutrition, religion and widowhood in **Nigeria**. [link](#)
- Case studies from **Senegal** which evaluate the implementation of multi-sector nutrition sensitive interventions. [link](#)
- Effect of home gardening on food security and diet quality of households in Ijebu-Igbo, **Nigeria**. [link](#)

About Transform Nutrition West Africa

Transform Nutrition West Africa is a regional platform to enable effective policy and programmatic action on nutrition, funded by the Bill & Melinda Gates Foundation from 2017–2021 and led by the International Food Policy Research Institute. We want you to join us and be part of a network of people and organisations in West Africa using evidence to generate change.

About this update

This Transform Nutrition Update features news and summaries of articles published in peer-reviewed journals as well as grey literature, including reports, briefs, or other forms of evidence from researchers, NGOs, or other organizations/institutions. The presented studies were selected as they demonstrated rigor in their methods and analysis, and relevance to the region and target audience of Transform Nutrition West Africa. There are two main sections: peer-reviewed article summaries and grey literature summaries (from websites and google scholar). This publication has been prepared by Transform Nutrition West Africa and has not been peer-reviewed. Any opinions stated herein are those of the author(s) and do not necessarily reflect the policies of the International Food Policy Research Institute.



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